

Ready-2-Fruit Mushrooms llc Presents

Lion's Mane Mushroom Kit

(*Hericium erinaceus*)

To start your kit- cut the bag just below the filter patch. With clean hands open the bag and remove any mushrooms that are growing on the top of the block.

Fold over the top of the bag and tape it shut. Cut one or more slits in the bag. Remember- the more slits you cut will result in more but smaller mushrooms. Fewer slits will result in fewer but larger mushrooms

Place the kit on a dinner plate or shallow pan and place it in an area of your home that receives ambient sunlight. Place the humidity tent over the bag, leaving 2"-4" above the kit. It is important to keep the kit away from areas of low humidity; such as, near a wood stove or air conditioner. The ideal temperature is between 55° and 75° F. Place your kit in a high traffic area so you don't forget to mist your kit.

The amount of times you need to mist your kit will be based on the humidity of your home. It will vary from 1-3 times a day to every other day. If your humidity tent has condensation on it, there is plenty of humidity and you don't need to mist your kit. It is recommended to mist the humidity tent instead of the kit itself, to help avoid over watering and to keep your kit and any mushrooms that are forming from rotting. The kit has enough moisture, so it's not necessary to mist it.

When you mist your kit, use non-chlorinated and non-distilled water. If you only have access to chlorinated tap water you can 1) boil the water for 15 minutes or 2) leave the water out overnight to allow the chlorine to dissipate.

Look for mushrooms to start forming on the block in about a week, growing through the slits you cut earlier. If a mushroom forms inside the bag, you may cut an additional slit to free the mushroom.

Harvest your Lion's Mane mushrooms when the spines start to elongate. If you notice airy clusters or the spines are not elongating; your kit is not getting enough oxygen. To solve this- you can loosen the tent to allow better air flow, or cut extra holes in the humidity tent. If the mushrooms start to yellow after they have fully formed, harvest them immediately.

To harvest the clusters you can twist and pull- gently because the spines are delicate or cut the cluster with a clean sharp knife.

After harvesting, continue to mist the kit and more mushrooms will form after a couple of week dormancy. Your kit will continue to produce until the media is spent. You can inoculate logs with the spent media to enjoy Lion's Mane mushrooms for years to come.

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